

2011 Challenge Course Information & Release Forms

Please complete **SEPARATE FORMS** for each camper for **EACH WEEK**. Photocopy this form as needed or visit our website (www.pilgrimpinescamp.org) to print forms. Please print legibly in blue or black ink. **ALL areas MUST be filled in or marked N/A.**

Pilgrim Pines Camp and Conference Center provides facilitators specifically trained in ropes course safety, instruction, first aid and CPR to reduce all associated risks as possible.

Pilgrim Pines Camp and Conference Center offers challenge exercises as a part of Summer Camp programming as follows:

Activity	Age Group(s)
1. Low Ropes Challenge Course	Junior, Junior High and Senior High
2. 40 Foot Climbing Wall	Jr. High, Sr. High, Pinecones
3. High Ropes Challenge Course	Sr. High ONLY

The **Low Ropes Challenge** course is comprised of nine (9) elements that are used in developing group communication, teamwork, problem solving techniques, and trust among peers. Groups work together to set a goal and complete a team challenge on these ground level obstacles.

The **High Ropes Challenge** course is comprised of seven (7) elements suspended 35 feet above the ground. The course incorporates creative problem solving, team and individual encouragement, trust among peers, and allows for youth to challenge themselves and to celebrate individual successes while building self-esteem. All participants wear safety gear, including a helmet and harness that is connected through a belay safety system.

Low Ropes Challenge Course and Climbing Wall **REQUIRED** Release Form

Program Age Groups : Junior (low ropes only), Jr. High, Sr. High and Pinecones ONLY

Camper's Name

Age Group: Junior, Jr. High, Sr. High, Pine Cone

I hereby **GIVE MY CONSENT** **DO NOT GIVE MY CONSENT**

for the above named camper to participate in the Low Ropes Challenge Course and in the Climbing Wall Challenge courses. As a condition of receiving this programming opportunity I, the undersigned, do hereby agree to the following:

I understand that my camper's participation in this activity can expose her/him to dangers from both known and unanticipated risks. Acknowledging that such risks exist, I hereby release and discharge Pilgrim Pines Camp and Conference Center, its officers, agents, and employees from any and all claims or liability for personal injury or property damage my camper may suffer while participating in this activity; including, but not limited to, any claim arising out of any condition of the premises at which the activity is held or the conduct of any person in connection with the preparation for, supervision of, or conduct of any activity, whether planned or unplanned. I specifically agree to release and hereby release Pilgrim Pines Camp and Conference Center and the officers, agents, and employees of Pilgrim Pines for any negligence of Pilgrim Pines, or its officers, agents or employees.

Parent/Guardian/Caregiver Signature

Date

High Ropes Challenge Course **REQUIRED** Release Form (Senior High ONLY)

Camper's Name

Age Group: Senior High

I hereby **GIVE MY CONSENT** **DO NOT GIVE MY CONSENT**

I understand that my camper's participation in this activity can expose her/him to dangers from both known and unanticipated risks. Acknowledging that such risks exist, I hereby release and discharge Pilgrim Pines Camp and Conference Center, its officers, agents, and employees from any and all claims or liability for personal injury or property damage my camper may suffer while participating in this activity; including, but not limited to, any claim arising out of any condition of the premises at which the activity is held or the conduct of any person in connection with the preparation for, supervision of, or conduct of any activity, whether planned or unplanned. I specifically agree to release and hereby release Pilgrim Pines Camp and Conference Center and the officers, agents, and employees of Pilgrim Pines for any negligence of Pilgrim Pines, or its officers, agents or employees.

Parent/Guardian/Caregiver Signature

Date